

Registration details

Date of Intensive

Title

Surname

Christian Name/s

Address

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Post Code

Tel No

Mobile No

Email

Previous contact with CRC or ILM

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Where found out about the Centre for Relational Care

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Please return with a £100 deposit (payable to Centre for Relational Care)



CENTRE FOR Relational Care

24 Hour Care For Marriage

2011

A time that is unique, personal and individually arranged for each couple

Centre for Relational Care

Warwick Gates Community Centre
Cressida Close
Heathcote
Warwick CV34 6DZ

Tel: 01926 430901
E-Mail: heather@relationalcare.co.uk
Web: www.relationalcare.co.uk

What will be covered?

Content for the time will be taken from Keeping Marriages Healthy

- Where are we now? – The journey so far
 - What do we really need? – Giving and receiving relationally
 - The emotional Cup – the symptoms and causes of emotional overspill
 - Healing hurts – experiencing confession, forgiveness and comfort
 - Four ingredients for marital closeness – caring, sharing, giving, loving
 - The family tree – leaving behind issues from childhood
 - Breaking free from unhealthy thinking – new ways to express our care
 - Intimacy – a way of life – how to be friends and lovers
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You will arrive at midday for lunch and have an afternoon led by the facilitator, who will have counselling training and experience and access to supervision guidance and support.

In the evening you will go out for a meal in a local restaurant. Guidelines for possible conversation during the evening will have been given.

After breakfast on the following morning your time will be spent with the facilitator to offer you further guidance and support. Your time will end at around midday with lunch.

Location

The venue we use for our 24 Hour Care for marriage is situated in the heart of the beautiful spa town of Leamington Spa, within easy reach of the shops and facilities of this bustling town.



Cost

£275 per couple inclusive of overnight accommodation, lunch on both days, facilitator time, voucher for evening meal in a local restaurant. Couples wishing to arrive on the evening prior to the first morning pay an additional £50

Deposit of £100 is required at time of booking, with remainder to be paid seven days prior to the event.

To Register

Please complete the booking form on the back of this brochure and return with your deposit to:

Heather Howell
Centre for Relational care
Warwick Gates Community Centre
Cressida Close
Warwick, CV34 6DZ

Dates for 2011

Please contact our office if you would like to attend a 24 hour care for marriage, as we try and arrange the date with the couple personally. Times can generally be arranged to suit.

24 hour care for marriage will help you:

- Encounter and experience key principles for developing closeness in marriage.
 - Understand more about what you really need from one another in your marriage.
 - Experience comfort and care for hurt both from within and from outside the marriage.
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The goal for this time will be that each couple will return home with relationship strengthening tools they can go on experiencing.

Set in comfortable and relaxing surroundings this is a unique get away opportunity

New relationships skills are developed with the security of a facilitator offering additional support, care and comfort